



The Federation of



Southwold
Primary School



Hoxton Garden
Primary School

Relationship and Sex Education (RSE)

Parental Consultation, Autumn 2020



Agenda

- What are the new statutory Relationship and Sex Education (RSE) curriculum requirements?
- Why have changes been made to the teaching of RSE?
- What is the school's planned curriculum for RSE?
- Changes to parent's right to withdraw.
- Support for parents/carers

Government changes to the teaching of RSE

- From September 2020, Relationships Education, along with Health Education, will be statutory in primary schools, and form part of the National Curriculum. This means that it is compulsory education.
- In secondary schools Sex Education is now compulsory.
- The Department for Education has made the changes to relationships and sex education following nationwide consultation and comes into effect from September 2020 with all schools required to comply with the updated requirements. The statutory guidance can be found at:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

What was the cause of the Government changes?

- Ofsted (The UK government's Office for Standards in Education, Children's Services and Skills) found that RSE needed improvement in over a third of the primary and secondary schools that they inspected. In primary schools this was because too much emphasis was placed on friendships and not relationships, leaving pupils ill-prepared for physical and emotional changes during puberty, which many begin to experience well before they reach secondary school.

- The Children and Social Work Act 2017 introduced a new legislation on Relationships Education, Relationships and Sex Education, and Health Education in Schools.
- Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.
- Safeguarding Children is at the heart of Relationships and Sex Education.

Relationships Education

Statutory 'Relationships Education' teaching in Primary will include the following themes:

- **Families and people who care for me**
- **Caring friendships**
- **Respectful relationships**
- **Online relationships**
- **Being safe**

Health Education

Statutory 'Health Education' teaching in Primary will include the following themes:

- **Mental wellbeing**
- **Internet safety and harms**
- **Physical health and fitness**
- **Drugs, alcohol and tobacco**
- **Health prevention**
- **Basic first aid**
- **Changing adolescent body**

Viridis PHSCE Curriculum

- We have a cyclical curriculum which means that children revisit key themes each year, building on what was previously taught.
- When designing our curriculum we used the following sources:
 - National PSHE Association teaching materials
 - Government SEAL scheme of work
 - NSPCC teaching materials



PHSCE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PSHCE Theme	Being Responsible (Rules, rights and responsibilities & Learning to learn)	Staying Safe (Staying safe & Getting out and about)	Let's Work (The world of work & Looking forward)	Relationships (Relationships & My friends and family)	You & Me (Similarities and Differences)	Healthy Body, Healthy Mind (Staying healthy & Healthy lifestyles)
Linked SEAL Theme	New Beginnings	Say No to Bullying/Getting on & Falling Out	Going for Goals	Relationships	Good to be Me	Changes
PSHE Assoc. Core Theme	Living in the Wider World	Relationships/ Health and Wellbeing	Living in the Wider World	Relationships	Relationships/ Living in the Wider World	Health and Wellbeing
Links	Citizenship	Anti-bullying Media	Financial capability Careers and work related learning Learning to live in the community Making choices	Relationships	Growing and change Media	Health Growth and change

On your tables you will find copies of our RSE and Health education planning.



Parent's right to withdraw

- Parents do not have the right no to withdraw pupils from 'Relationships Education' or 'Health Education'.
- Nor can parents withdraw pupils from lessons which cover statutory Science curriculum. This means that pupils cannot be withdrawn from lessons on the Changing Adolescent Body.
- However, parents continue to have the right to request that their child be withdrawn from sex education lesson which do not form part of the Science curriculum. This should only be done following discussions with the headteacher.

Support for parents/carers

- The Department for Education has produced a guide for parents of primary aged children to communicate how relationships and health education will be taught. The guide provides details of topics that will be covered and information of parent's rights to withdraw.
- You may access relevant guides following the link below:
<https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools>

Understanding Relationships and Health Education in your child's primary school: a guide for parents

We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. That is why, from September 2020, all primary age children will be taught Relationships and Health Education.

These subjects are designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated – these changes bring the content into the 21st century, so that it is relevant for your child.

Your child's school will have flexibility to deliver the content in a way that is age and developmentally appropriate and sensitive to the needs and religious background of its pupils.

Relationships Education

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online.

Your child will be taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, your child's school will cover how to treat each other with kindness, consideration and respect.

By the end of primary school, pupils will have been taught content on:

- families and people who care for me
- caring friendships
- respectful relationships
- online relationships
- being safe

You can find further detail by searching 'relationships and health education' on GOV.UK.

Health Education

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.

By the end of primary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body

You can find further detail by searching 'relationships and health education' on GOV.UK.

